This programme describes a range of expeditions and courses, which, if completed over a number of years, could culminate in an attempt on Everest. We recommend interspersing your expedition experience with alpine climbing, designed to hone your technical skills. Please note the grades are given for each expedition. For a full explanation of our grading system, please refer to the brochure or website www.jagged-globe.co.uk

06. EVEREST (4E)

The Big One! The South Col route is the most assured line of ascent. Plenty of physical training and mental preparation is essential immediately prior to going to Everest.

05. CHO OYU (4E)

An 8,000m peak such as Cho Oyu would be a ‘dry run’ for Everest. Most of our climbers go to Cho Oyu before Everest.

04. PEAK LENIN (2D)

Once you have a couple of expeditions under your belt and have some solid technical climbing skills, a more challenging peak such as Peak Lenin or Denali is possible. An ascent of Denali or equivalent is our minimum requirement for Everest.

03. BOLIVIAN CLIMBER (3B)

After you have done an initial training course and an expedition, you can look at further developing your alpine mountaineering skills on e.g. the Saas 4000ers course, before tackling a 3B expedition such as Bolivian Climber or Khumbu Climber. Without more climbing in the Alps or Scotland (on Winter Mountaineering), or another grade 1 expedition, you’d be limited to 2B on your next step up.

02. ACONCAGUA (1C)

If you have ice axe and crampon skills, you can join one of these introductory-level expeditions for your first taste of altitude. On Aconcagua’s Horcones route, you do not travel on glacier, but it’s often necessary to wear crampons as there is snow. It’s a really tough climb and a good early target if you are serious about Everest.

01. KILIMANJARO (1A)

A good starting point is an expedition that does not require ice axe or crampon skills (e.g. Kilimanjaro), or an introductory mountaineering course in Scotland or the Alps. This should give you an idea if mountaineering is for you.